



# DAILY ROUTINE

## Morning activities

### 1. Meet and greet

Attendance taking, greetings, smiles and welcoming our friends to the new day!

### 2. Make the children feel welcomed and safe.

Breaking the ice through fun games

### 3. Family Circle a.m.

where Guided by our Counsellor and with the children's input we make the plan for the day

### 4- Snack

a little energy buster to embrace the day ahead

### 5. Morning Bathroom Routine

**ALL** our friends participate on a "preventative" bathroom routine.

### 6- Main activity:

Participation on our main activity according to our program and complemented by our friends input.

## Noon activities

### 7. Lunch:

nurturing our bodies surrounded by friends

### 8. Afternoon Bathroom Routine:

**ALL** our friends participate on a "preventative" bathroom routine..

### 9. Quiet Activities:

Crafts, Lego creations, Reading, Drawing and colouring,

### 10. Games

Fun games and Sports led by our Multi-Sports Counsellors

### 11- Water Play!

Cooling off at the Splash Pad.

**Snack - PM & Goodbye Family Circle:** A quick debrief of the day and suggestions for the next day

**12. Dismissal:** We ask parents/guardians to kindly provide ID at pick up time.

