



DAILY ROUTINE

Morning activities

1. Meet and greet

Attendance taking, greetings, smiles and welcoming our friends to the new day!

2. Make the children feel welcomed and safe.

Breaking the ice through fun games

3. Family Circle a.m.

where Guided by our Counsellor and with the children's input we make the plan for the day

4- Snack

a little energy buster to embrace the day ahead

5. Morning Bathroom Routine

ALL our friends participate on a "preventative" bathroom routine.

6- Main activity:

Participation on our main activity according to our program and complemented by our friends input.

Noon activities

7. Lunch:

nurturing our bodies surrounded by friends

8. Afternoon Bathroom Routine:

ALL our friends participate on a "preventative" bathroom routine..

9. Quiet Activities:

Crafts, Lego creations, Reading, Drawing and colouring,

10. Games

Fun games and Sports led by our Multi-Sports Counsellors

11- Outdoors Play!

Outdoors activities to finish our day!

Snack - PM & Goodbye Family Circle: A quick debrief of the day and suggestions for the next day

12. Dismissal: We ask parents/guardians to kindly provide ID at pick up time.

